

 RENUVALAZE III™

MANUAL AND PROTOCOL  
BOOKLET



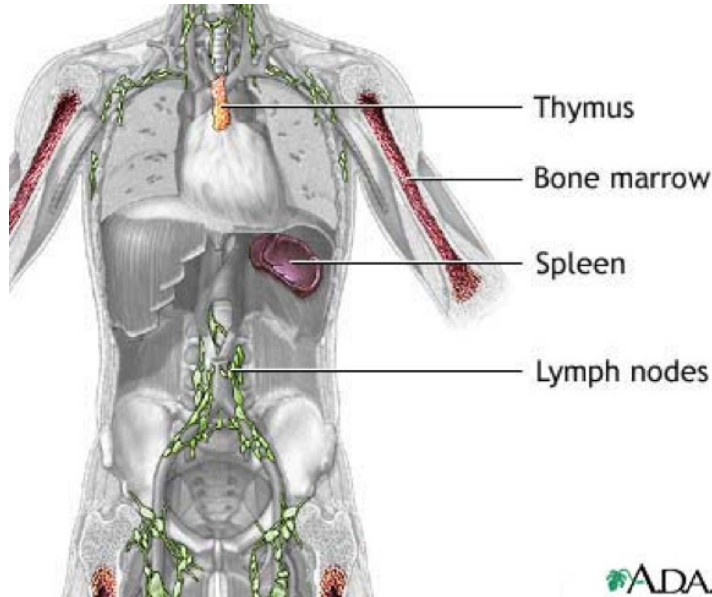
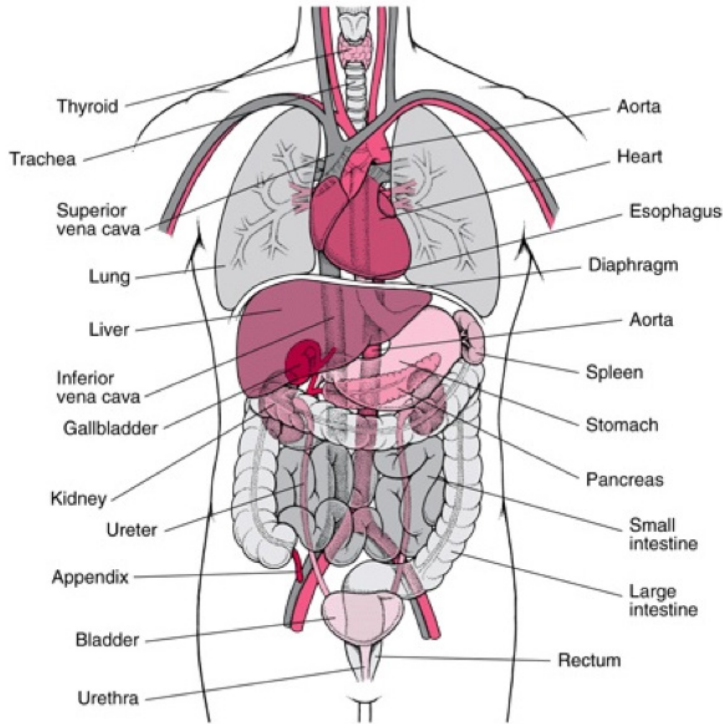


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Spine Level	Areas Supplied by Nerves	Possible Effects or Conditions
C1	Blood supply to the head, pituitary gland, scalp, bones of the face, the brain, the inner and middle ear, the sympathetic nervous system	Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, mental conditions, nervous breakdowns, amnesia, epilepsy, chronic tiredness, dizziness
C2	Eyes, optic nerve, auditory nerve, sinuses, mastoid bones, tongue, forehead	Sinus trouble, allergies, crossed eyes, deafness, eye troubles, earaches, fainting spells, certain cases of blindness
C3	Cheeks, outer ear, facial bones, teeth, trifacial nerve	Neuralgia, neuritis, acne, eczema
C4	Nose, lips, mouth, eustachian tube, mucous membranes	Hay fever, rose fever, etc., hardness of hearing, adenoid infections, postal nasal drip
C5	Vocal cords, neck glands, pharynx	Laryngitis, hoarseness, throat conditions like sore throat, etc.
C6	Neck muscles, shoulders, tonsils	Stiff neck, pain in upper arm, tonsillitis, whooping cough, croup
C7	Thyroid gland, bursa in the shoulders, elbows	Bursitis, colds, thyroid conditions, goiter, tennis elbow, tendonitis
T1	Arms from the elbows down, esophagus, trachea	Asthma, cough, difficulty breathing, shortness of breath, pain in the lower arms and hands, symptoms similar to carpal tunnel syndrome
T2	Heart, including its valves and coverings, coronary arteries	Functional heart conditions and certain chest pains
T3	Lungs, bronchial tubes, pleura, chest, breast, nipples	Bronchitis, pleurisy, pneumonia, congestion, influenza, grip
T4	Gall bladder and common duct	Gall bladder conditions, jaundice, shingles
T5	Liver, Solar plexus, blood	Liver conditions, fevers, low blood pressure, anemia, poor circulation, arthritis
T6	Stomach	Stomach troubles, indigestion, heartburn, dyspepsia, etc.
T7	Pancreas, Islands Langerhans, duodenum	Diabetes, ulcers, gastritis, hypoglycemia
T8	Spleen, Diaphragm	Lowered resistance, acute and chronic infections, hiccups
T9	Adrenals, Suprarenals	Allergies, hives, hypertension, anemia, hypoglycemia, obesity, hair loss
T10	Kidneys	Kidney problems, nephritis, pyelitis, chronic fatigue
T11	Kidneys, ureters	Skin Problems, acne, pimples, eczema and boils
T12	Small intestines, fallopian tubes, lymph circulation	Rheumatism, gas pains, sterility
L1	Large intestines, colon, inguinal rings	Constipation, colitis, dysentery, hernia, diarrhea, some ruptures
L2	Appendix, abdomen, upper legs	Cramps, breathing, acidosis, varicose veins
L3	Sex Organs, ovaries or testicles, uterus, bladder	Urinary, menstrual troubles, painful and / or irregular periods, difficult menopause, miscarriage, impotency, bed wetting, knee problems
L4	Prostrate gland, muscles of the lower back, sciatic nerve	Sciatica, lumbago, backaches, difficult, painful or frequent urination
L5	Lower legs, ankle, feet, toes, arches	Cold feet, swollen ankles, poor circulation in legs, weak ankles, weak legs
Sacrum	Hip bones, buttocks	Sacro-iliac conditions, spinal curvatures
Coccyx	Rectum, anus	Hemorrhoids, piles, purities (itching), pain upon sitting

# ORGAN CHARTS



ADAM.

## CONGRATULATIONS ON YOUR PURCHASE OF THE RENUVALAZE III

By choosing the Renuvalaze III, you have invested in a dynamic device that will complement a healthy lifestyle for your entire family, practice, or office, bringing noticeable and satisfying results for each user.

### HOW IT WORKS

Once we begin to support our body's natural healing process through low level laser therapy (LLLT), the potential benefits are endless! One of the most important effects of LLLT is that it increases physical and chemical changes at the cellular level, and enables the cells deprived of blood flow in the damaged tissue to heal through increased circulation and to attain their normal functions. You should notice more energy, better overall health and a strengthened immune system. Many ailments and conditions can be treated safely and effectively without the use of pills or surgery.

**\*\*Please review this entire manual and become aware of all safety instructions before attempting to operate your device.**

### IMPORTANT DISCLOSURES AND DISCLAIMER

The Renuvalaze III Laser is not intended for sale as a medical device. It is NOT intended to treat disease, support or sustain human life, or to prevent impairment of human health. It is designed for nutritional self-education and research purposes only. It is NOT known to present any potential risk of illness or injury

This information is not to be considered advice or a substitute for current medical treatment. The therapy codes are in no way designed to replace traditional methods of treatment and should be used only as a conjunctive therapy. Renuvalaze III is for experimental use only. It is NOT evaluated or planned to be evaluated by the FDA or other government agency. These statements have not been evaluated by the Food and Drug Administration. This equipment is NOT intended to diagnose, treat, cure or prevent any disease. The Renuvalaze III is NOT offered to diagnose or prescribe for medical or psychological conditions nor claim to prevent, treat, mitigate or cure such conditions, or apply medical, mental health or human development principles, to provide diagnosing, treating, operating or prescribing for any human disease, pain, injury, deformity or physical condition. Any use of the device is experimental and based upon your informed consent and private license. The information is not a substitute for medical advice from your primary care physician.

## IMPORTANT PRECAUTIONS

### OSHA

RenuvaLaze III may be used without protective glasses.

- Avoid Directly Viewing of the Eyes
- Pregnancy is contraindicated
- Caution working on patients with Pace Makers

### EYES

As a precaution, it has been claimed that prolonged direct exposure to the eyes can cause damage. Occasional passing over the eyes should not cause harm.

### PREGNANCY

It is suggested to avoid laser therapy if pregnant.

### PACE MAKER

Although there is no conclusive research to substantiate laser therapy on individuals with pacemakers and or vagal stimulation devices, the manufacturer suggests avoiding laser therapy on them.

### IMPLANT DEVICES

There is no documentation or reason to substantiate laser therapy is contraindicated on individuals with other implants such as metal rods, pins and dental, cochlear or breast augmentation.

### EXCESSIVE TOXICITY

RenuvaLaze III has detoxifying effects on cells and tissue. In rare cases, overly toxic patients may experience a severe reaction including but not limited to skin rash, vomiting, nausea, lethargy and more as the body is ridding itself of toxins. We suggest drinking a lot of water and to rest as needed. This will generally pass quickly. Such healing crisis is not a frequent occurrence.

\*\*RenuvaLaze III 635nm/830nm WILL NOT facilitate the spreading or growth of cancer cells. NO CELLULAR MUTATION 3.6 Safety Regulations for Laser Therapy\* LLLT and cancer risk: Photo-energy used from all lasers used for Biostimulation and pain relief is usually (1-50mW) and remains a long way below the levels needed for ionization. Light from these lasers, even in high doses, does not induce cancer growth.

Modality; Pekka J Pointinen MD,PhD; Art Urpo Ltd. Tampere 1992

Note: There is an infrared component and it is advised to keep the device directly over the area of concern.

## VARICOSE VEINS – SEE VEINS

### 96. VEINS: 300 SECONDS 2–3X/DAY

1. 100 Hz
2. 28 Hz
3. 125 Hz
4. 53 Hz

Laser over the Area of Involvement (AOI)

☞ CIRCULATION

☞ SKIN

## VERTIGO – SEE DIZZINESS

## VIRAL INFECTION – SEE INFECTION

## VOMITTING – SEE DIGETION/NAUSEA

## WATER RENTENTION – SEE EDEMA

### 97. WARTS: 300 SECONDS 2–3X/DAY

1. 53 Hz
2. 650 Hz
3. 10003 Hz
4. 125 Hz

Laser over the Area of Involvement (AOI)

☞ LIVER

### 98. WOUNDS: 300 SECONDS 2–3X/DAY

1. 830 Hz
2. 25 Hz
3. 363 Hz
4. 125 Hz

Laser over the Area of Involvement (AOI)

☞ INFLAMMATION CHRONIC

☞ SKIN

### 99. USER – SEE OPERATION MANUAL FOR INSTRUCTIONS

# ABOUT RENUVLAZE III

RenuvaLaze III is the first in its class to emit both a visible coherent light that stimulates the body's ability to produce ATP which provides energy for the cells and which allows a natural healing of the body in decreased time and a non-visible infrared light that has a dynamic healing effect that compliments the visible laser effects. The combination of these wavelengths creates a synergistic effect that decreases pain and inflammation, enhances the natural range of motion of the joints, and optimal function of cellular physiology occurs on a more permanent basis.

## GETTING STARTED

- **TURNING ON**  
Simply press the START button to turn the laser ON.
- **CHOOSING A CODE**  
Simply press and hold down the PROGRAM key to scroll through the list of codes. Or, press the PROGRAM key 2 times (up or down) to view the next code on the screen.
- **ADJUSTING THE TIME**  
Hold down the TIME key (up to increase/down to decrease) to adjust the time in 30 sec. intervals. Or, press the TIME key 2 times to increase/decrease the time. (Minimum run time is 30 sec. and maximum is 900 sec) \*\*Note: Time is preset to 120 sec.
- **RUNNING A CODE**  
Press the START key. The laser will automatically turn off when complete.
- **TURNING OFF**  
Press the START button once to turn off the laser while a code is running.

**\*\*IMPORTANT: DO NOT use the laser while charging. This can decrease the battery life. In order to preserve the battery the device must be turned off. Laser should be charged every 3-4 days overnight, depending on how often it is being used.**

**\*It is normal for the lights to flicker on certain Therapy Codes. This is caused by the variance in different frequencies and does not indicate a problem with the laser.**

**\* Generally, shorter treatments more frequently are better than one longer session.**

**\* Hold the Laser close to the area of concern, ensuring you are covering the area intended.**

**\* The general therapy sessions is 3 times per week, if you are working with your Practitioner or Doctor follow these procedures depending on your individual needs to achieve your optimal potential to heal.**

## 93. THYROID HYPER: 180 SECONDS 2-3X/DAY

1. 95 Hz
2. 59 Hz
3. 37 Hz
4. 73 Hz

Laser over the Area of Involvement (AOI)

- ☞ ADRENALS
- ☞ BALANCE

## 94. THYROID HYPO: 180 SECONDS 2-3X/DAY

1. 95 Hz
2. 59 Hz
3. 16 Hz
4. 35 Hz

Laser over the Area of Involvement (AOI)

- ☞ ADRENALS
- ☞ BALANCE

## TINNITUS – SEE EAR

## TMJ DYSFUNCTION – SEE BRAIN/NEURO & MUSCLE

## TOOTHACHE – SEE INFECTION & TEETH

## ULCER – SEE DIGSTION & INFLAMMATION CHRONIC

## ULCERATICE COLITIS – SEE ACUTE INJURY & DIGESTION

## 95. URINARY TRACT INFECTION (UTI): 300 SECONDS 2-3X/DAY

1. 94 Hz
2. 20 Hz
3. 465 Hz
4. 24 Hz

Laser over the Area of Involvement (AOI)

- ☞ BLADDER
- ☞ KIDNEY

## ENTERING IN YOUR OWN USER CODE

### \*USER CODE

This is a program that can be personalized if an additional Therapy needs to be added.

To set the frequencies (between 4-500Hz) for the user mode:

Hold the program up arrow while laser is off and then press the start button.

Freq 1: Hold the program up or down button to reach the number desired for frequency 1 and press start.

Freq 2: Hold the program up or down button to reach the number desired for frequency 2 and press start.

Freq 3: Hold the program up or down button to reach the number desired for frequency 3 and press start.

Freq 4: Hold the program up or down button to reach the number desired for frequency 4 and press start.

These Frequencies will be stored in the “user” feature until changed.

**STOMACH ULCER – SEE DIGESTION/INFLAMMATION/STRESS RELIEF**

**STROKE – SEE BRAIN/NEURO**

**SUNBURN – SEE ACUTE INJURY, BURNS & SKIN**

**SWOLLEN ANKLES – SEE EDEMA/SWELLING**

**SYMPATHETIC CALMING – SEE BALANCE & STRESS RELIEF**

### 90. TACHYCARDIA: 120 SECONDS EACH AREA 2–3X/DAY

1. 96 Hz
2. 60 Hz
3. 33 Hz
4. 4 Hz

Laser over each area for 120 seconds

- A. Brainstem
- B. Xyphoid Process

- ☞ BALANCE
- ☞ CIRCULATION

### 91. TEETH: 240 SECONDS EACH AREA 2–3X/DAY

1. 36 Hz
2. 28 Hz
3. 100 Hz
4. 20 Hz

Laser over each area for 240 seconds

- A. Brainstem
- B. Right/Left Adrenal Gland

- ☞ BALANCE
- ☞ CIRCULATION

**TENSION HEACHACE – SEE HEADACHE**

### 92. THROAT INFLAMMATION SORE: 300 SECONDS 2–3X/DAY

1. 95 Hz
2. 420 Hz
3. 343 Hz
4. 727 Hz

Laser over the Area of Involvement (AOI)

- ☞ IMMUNE

## 87. SINUSITIS: 300 SECONDS 2-3X/DAY

1. 125 Hz
2. 72 Hz
3. 643 Hz
4. 84 Hz

Laser over the Area of Involvement (AOI) – avoid lasering eyes

- ☞ DETOX
- ☞ DIGESTION
- ☞ IMMUNE

## 88. SLEEP APNEA: 300 SECONDS EACH AREA 2-3X/DAY

1. 120 Hz
2. 42 Hz
3. 15 Hz
4. 21 Hz

Laser over each area for 300 seconds

- A. Brainstem
- B. Right/Left Adrenal Gland

- ☞ BALANCE
- ☞ CIRCULATION

## SORE THROAT – SEE THROAT INFLAMMATION

## SORENESS – SEE MUSCLE PAIN

## SPASM – SEE MUSCLE/PAIN

## SPIDER VEINS – SEE VEINS

## 89. SPINE: 300 SECONDS 2-3X/DAY

1. 4 Hz
2. 9 Hz
3. 16 Hz
4. 33 Hz

Laser over the Area of Involvement (AOI)

- ☞ BRAIN/NEURO

## SPRAINS – SEE MUSCLE

## STINGS – SEE BITES

## IMPORTANCE OF WATER

An Average Person Should Drink Eight to Ten 8-Ounce Glasses of Water Per Day

When using The RenuvLaze III, water becomes extremely important. With laser treatment toxins are broken up and need to be flushed out of your body. Without water, these toxins become trapped and can harm you, causing the very symptoms you are trying to eliminate. Drinking enough water is critical to your potential to heal and detoxify..

DRINK A GLASS OF WATER BEFORE AND AFTER YOUR RENUVLAZE III THERAPY.

Water is essential to body cleansing. Making up almost three-fourths of the body, every cell is regulated, monitored and dependent on water. Not one of the processes in our bodies could take place without water. Aside from aiding in digestion and absorption of food, water regulates body temperature and blood circulation, carries nutrients and oxygen to cells, and removes toxins and other waste materials. This “body water” also cushions joints and protects tissues and organs, including the spinal cord, from shock and damage. Dehydration leads to excess body fat, poor muscle tone, decreased digestive efficiency and organ function, increased toxicity, sore muscles and water retention.

## INTERESTING FACTS ABOUT WATER

- Lack of water is the #1 trigger of daytime fatigue.
- Preliminary research indicated that 8-10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers.
- A mere 2% drop in body water can trigger fuzzy short-term memory, trouble with basic math and difficulty focusing on the computer screen.

Drinking 5 glasses of water daily decreases the risk of

- Colon cancer by 45%
- Breast cancer by 79%
- Bladder cancer by 50%

## IMPORTANCE OF DETOXIFICATION

### WHAT ARE TOXINS?

Toxins exist everywhere and can lead to serious health problems. They are found in food and the environment and they persist because of our insufficient metabolic ability to rid the body of all that we are exposed to on a daily basis. They can drain the body of energy and make you more susceptible to disease and infection. Toxins tend to concentrate in the liver and gastrointestinal tract.

### HOW DO THEY GET INTO OUR BODIES?

Chemicals enter our bodies through the skin, the gastrointestinal tract, and the respiratory tract. People are exposed to pesticides, petroleum products, plastics, detergents and cleaning chemicals, solvents, asbestos products, fertilizers, plated metals, some cosmetics, perfumes, paints, dyes and drugs.

### HOW DO THEY AFFECT US?

Here is just a partial list of common symptoms of toxicity: fatigue, lethargy, depression, headaches, allergies, chronic infection, frequent colds, nervousness, sudden anger, sensitivity to perfume/odors, memory loss, and joint pain. Because of many of these symptoms could stem from a multitude of other causes, often toxicity is not readily suspected. With continued exposure, neurotoxins may trigger the expression of a disease for which one has a genetic predisposition.

### POTENTIAL BENEFITS OF DETOXIFICATION

Once we begin to support natural detoxification of our body through the RenuvaLaze III therapy, the potential benefits are endless! We can feel much better and have more energy. The body's immune system can be strengthened, enabling us to better fight off diseases and infections. A healthy immune system can play a large part of losing and or maintaining weight. The RenuvaLaze III is not to "treat" any disease; rather it offers a potentially beneficial therapy that complements the body's natural healing ability.

**PROSTRATE – SEE HOROMONE BALANCE – MALE**

**PSORIASIS – SEE LIVER & SKIN**

**PUNCTURES – SEE ABRASIONS/CUTS/SCRAPS**

**RASH – SEE ITCHING & SKIN**

**RESTLESS LEG SYNDROME – SEE BRAIN/NERUO, NEUROPATHY & STRESS RELIEF**

**RHEUMATISM – SEE ARTHRITIS**

**RINGWORM – SEE FUNGUS**

**ROSACEA – SEE SKIN**

### 85. SCAR TISSUE: 300 SECONDS 2-3X/DAY

1. 25 Hz
2. 45 Hz
3. 279 Hz
4. 363 Hz

Laser over the Area of Involvement (AOI)

- ☞ BRAIN/NEURO
- ☞ LYPMH
- ☞ SPINE

**SCIATICA – SEE NEUROPATHY**

**SEIZURES – SEE BRAIN/NEURO**

**SHINGLES – SEE HERPES SIMPLEX**

### 86. SKIN: 180 SECONDS 2-3X/DAY

1. 12 Hz
2. 650 Hz
3. 125 Hz
4. 363 Hz

Laser over the Area of Involvement (AOI)

- ☞ DETOX
- ☞ LIVER



## 82. PAIN: 360 SECONDS 2-3X/DAY

1. 9 Hz
2. 49 Hz
3. 95 Hz
4. 16 Hz

Laser over the Area of Involvement (AOI)

- ☞ ACUTE INJURY OR INFLAMMATION - CHRONIC
- ☞ BRAIN/NEURO
- ☞ SPINE

## 83. PANCREAS: 120 SECONDS 2-3X/DAY

1. 132 Hz
2. 66 Hz
3. 92 Hz
4. 26 Hz

Laser over the Area of Involvement (AOI)

- ☞ DIGESTION
- ☞ STRESS RELIEF

## 84. PARASITES/WORMS: 300 SECONDS 2-3X/DAY

1. 50 Hz
2. 650 Hz
3. 113 Hz
4. 999 Hz

Laser over the Area of Involvement (AOI)

- ☞ BRAIN/NEURO
- ☞ CIRCULATION
- ☞ DETOX
- ☞ LYPMH

**PARASYMPATHATIC FACILITATION – SEE STRESS RELIEF**

**PERIDONTAL DISEASE – SEE GINGVITIS/TEETH**

**PREMENTRAL SYNDROME (PMS) – SEE MENTRATUATION/HORMONE BALANCE – FEMALE**

**PNEUMONIA – SEE INFECTION/LUNG/LYMPH**

**POST TRAMATIC STRESS DISORDER (PTSD) – SEE BRAIN/NEURO & EMTIONAL STRESS**

**POSTNASAL DRIP – SEE SINUSITIS**

# PROTOCOL GUIDE

The following protocol guide is designed to facilitate a functional approach to using your RenuvaLaze III hand held laser. With the vast benefits the low level laser offers, this guide will allow the user many options to increase their healing potential. The following recommendations are important to take into consideration with every application of the device. Most importantly, remember that the label of the protocol may not include the entire effect of each program and there may be an optimum protocol that works more efficient for a given symptom, condition or other application.

## TIPS FOR OPTIMUM USE

Always use the laser in a well lit room. This is important to ensure that reflection of the laser beam does not contact the eyes.

Laser will always work better with activation of the system you are working on, especially with neuromuscular applications.

When a given protocol is chosen for use, note below the direction of application and other recommended protocols to use in conjunction with the listed protocol. This does not imply that they have to be used every time. They merely represent other frequencies that may be beneficial in application of laser therapy for that given condition.

In general, more frequent and shorter applications are ideal to longer applications. When dealing with acute issues, use the laser every 2-3 hours to optimize the potential for the body to heal. When conditions are more chronic, using laser daily is sufficient.

The charts at the end of the guide will allow a greater understanding of organ location and spinal nerve relationship to the body. Application of laser in the correct location is very important.

AOI – indicated Area of Involvement

## COMPLETE LIST OF PROTOCOLS

1. ABDOMINAL PAIN
2. ABRASIONS/CUTS/SCRAPS
3. ABSCESS/BOILS
4. ACNE
5. ACUTE INJURY
6. ADD/ADHD
7. ADDICTION
8. ADRENAL
9. ALLERGIES
10. ANXIETY
11. ARTHRITIS
12. ASTHMA
13. BALANCE
14. BITES INSECT
15. BLADDER
16. BLOATING
17. BLOOD PRESSURE HIGH
18. BLOOD PRESSURE LOW
19. BLOOD SUGAR BALANCE
20. BONE
21. BRAIN/NEURO
22. BRONCHITIS
23. BRUISES
24. BUNIONS
25. BURNS
26. BURSITIS  
CANDIDA – SEE FUNGUS
27. CANKER SORES
28. CARPAL TUNNEL SYNDROME
29. CARTILAGE
30. CATARACTS
31. CHRONIC FATIGUE  
CHRON'S DISEASE – SEE  
DIGESTION/LARGE INTESTINE
32. CIRCULATION STIMULATION  
CIRRHOSIS – SEE LIVER
33. COLD SORES HERPES SIMPLEX 1
34. COLD & FLU
- COLITIS – SEE DIGESTION/  
INFLAMMATION/LARGE INTESTINE
- CONCUSSION – SEE ACUTE INJURY/  
INFLAMMATION/BRAIN
35. CONGESTION
36. CONSTIPATION  
CRAMPS – SEE MUSCLE PAIN/  
STRESS RELIEF  
CUTS – SEE ABRASIONS/SKIN  
CUSHING'S SYNDROME – SEE AD-  
RENAL/STRESS RELIEF
37. CYTOMEGALOVIRUS HERPES SIM-  
PLEX V
38. DEPRESSION  
DERMATITIS – SEE ITCHING/SKIN
39. DETOX  
DIABETIC NEUROPATHY – SEE  
NEUROPATHY
40. DIGESTION
41. DIZZINESS/VERTIGO  
DYSLEXIA – SEE BALANCE/BRAIN
42. EAR ACHE/INFLAMMATION  
ECZEMA – SEE ITCHING/SKIN
43. EDEMA/SWELLING
44. EMOTIONAL STRESS  
EMPHYSEMA – SEE LUNGS/DETOX/  
INFLAMMATION  
FEVER BLISTERS – SEE HERPES  
SIMPLEX  
FIBROMYALGIA – SEE CHRONIC  
FATIGUE  
FLU – SEE COLD & FLU  
FOOD INTOLERANCE – SEE  
ALLERGIES/DIGESTION  
FRACTURE – SEE BONE/  
INFLAMMATION
45. FUNGUS
46. GALLBLADDER/LIVER REGULATION
47. GALLBLADDER STONES

Laser over the Area of Involvement (AOI)

- ☞ BRAIN/NEURO
- ☞ CIRCULATION
- ☞ SPINE

**NERVE – SEE BRAIN/NEURO**

**NERVOUSNESS – SEE ANXIETY/EMOTIONAL STRESS**

**NUMBNESS – SEE ACUTE INJURY/BRAIN/NEURO**

**80. OBESITY: 300 SECONDS 2-3X/DAY**

1. 60 Hz
2. 49 Hz
3. 320 Hz
4. 355 Hz

Laser over the Area of Involvement (AOI)

- ☞ CIRCULATION
- ☞ DETOX
- ☞ DIGESTION
- ☞ LYMPH

**OSGOOD-SCHLATTER DISEASE – SEE BONE/MUSCLE PAIN**

**OSTEOARTHRITIS – SEE ARTHRITIS**

**81. OSTEOPOROSIS: 360 SECONDS 2-3X/DAY**

1. 73 Hz
2. 25 Hz
3. 380 Hz
4. 2720 Hz

Laser over the Area of Involvement (AOI)

- ☞ BRAIN/NEURO
- ☞ INFLAMMATION - CHRONIC
- ☞ SPINE

**OTITIS – SEE EAR**

## 76. MIGRAINE: 300 SECONDS 2-3X/DAY

1. 100 Hz
2. 95 Hz
3. 9 Hz
4. 125 Hz

Laser over the Area of Involvement (AOI)

- ☞ BALANCE
- ☞ CIRCULATION
- ☞ STRESS RELIEF

## MOTION SICKNESS – SEE DIZZINESS

## 77. MUSCLE: 300 SECONDS 2-3X/DAY

1. 68 Hz
2. 72 Hz
3. 125 Hz
4. 80 Hz

Laser over the Area of Involvement (AOI)

- ☞ ACUTE INJURY OR INFLAMMATION-CHRONIC
- ☞ BRAIN/NEURO
- ☞ PAIN

## 78. NAUSEA: 300 SECONDS 2-3X/DAY

1. 13 Hz
2. 825 Hz
3. 190 Hz
4. 72 Hz

Laser over the Area of Involvement (AOI)

- ☞ BALANCE
- ☞ DIGESTION

## 79. NEUROPATHY: 300 SECONDS 2-3X/DAY

1. 97 Hz
2. 16 Hz
3. 60 Hz
4. 61 Hz

48. GINGIVITIS/GUMS
49. GLAUCOMA  
GLUOMERULONEPHRITIS – SEE KIDNEY

50. GOITER – THYROID HYPO  
GOUT – SEE ARTHRITIS  
GUMS – SEE GINGIVITIS

51. HEADACHE

52. HEART

53. HEARTBURN/G.E.R.D.

54. HEMORRHOIDS

55. HERPES ZOSTER/VARICELLA

56. HIVES

57. HORMONE FEMALE – BALANCE

58. HORMONE MALE – BALANCE

59. HOT FLASHES

HYPERACTIVITY – SEE ADD

HYPER/HYPO TENSION – SEE BLOOD PRESSURE

HYPER/HYPO THYROID – SEE THYROID

HYPER/HYPO GLYCEMIA – SEE PANCREAS

60. IMMUNE

61. IMPOTENCE

62. INDIGESTION

63. INFECTION

INFERTILITY – SEE HORMONE BALANCE

INFLAMMATORY BOWEL DISEASE – SEE DIGESTION

INFLAMMATION – ACUTE – SEE ACUTE INJURY

64. INFLAMMATION – CHRONIC

INFLUENZE – SEE COLD & FLU

INSECT BITES – SEE BITES

65. INSOMNIA

IRRITABLE BOWEL SYNDROME – SEE DIGESTION

66. ITCHING

JAUNDICE – SEE LIVER

JOINTS – SEE MUSCLE INFLAMMATION/ARTHRITIS

KELOID – SEE SCAR

67. KIDNEY

68. KIDNEY STONES

69. LARGE INTESTINE

LARYNGITIS – SEE THROAT INFLAMMATION

70. LIGAMANET

71. LIVER – BALANCE

72. LOW BACK PAIN

73. LYME DISEASE

74. LYMPH

MACULAR DEGENERATION – SEE BRAIN/NEURO

MEMORY PROBLEMS – SEE BRAIN/NEURO

MENIERE'S SYNDROME – SEE EAR

75. MENOPAUSE

MENSTRUATION – SEE HORMONE FEMALE BALANCE

MENTAL FATIGUE – SEE BRAIN/NEURO/STRESS RELIEF

76. MIGRAINE

MOTION SICKNESS – SEE DIZZINESS

77. MUSCLE

78. NAUSEA

79. NEUROPATHY

NERVE – SEE BRAIN/NEURO

NERVOUSNESS – SEE ANXIETY/EMOTIONAL STRESS

NUMBNESS – SEE ACUTE INJURY/ BRAIN/NEURO

80. OBESITY

OSGOOD-SCHLATTER DISEASE – SEE BONE/MUSCLE PAIN

OSTEOARTHRITIS – SEE ARTHRITIS

81. OSTEOPOROSIS  
 OTITIS – SEE EAR  
 82. PAIN  
 83. PANCREAS  
 84. PARASITES/WORMS  
 PARASYMPATHATIC FACILITATION  
 – SEE STRESS RELIEF  
 PERIDONTAL DISEASE – SEE GING-  
 VITIS/TEETH  
 PREMENTRAL SYNDROME (PMS) –  
 SEE MENTRATUATION/HORMONE  
 BALANCE – FEMALE  
 PNEUMONIA – SEE INFECTION/  
 LUNG/LYMPH  
 POST TRAMATIC STRESS DISORDER  
 (PTSD) – SEE BRAIN/NEURO & EM-  
 TIONAL STRESS  
 POSTNASAL DRIP – SEE SINUSITIS  
 PROSTRATE – SEE HOROMONE  
 BALANCE – MALE  
 PSORIASIS - SEE LIVER & SKIN  
 PUNCTURES – SEE ABRASIONS/  
 CUTS/SCRAPS  
 RASH – SEE ITCHING & SKIN  
 RESTLESS LEG SYNDROME – SEE  
 BRAIN/NEURO, NEUROPATHY &  
 STRESS RELIEF  
 RHEUMATISM – SEE ARTHRITIS  
 RINGWORM – SEE FUNGUS  
 ROSACEA – SEE SKIN  
 85. SCAR TISSUE  
 SCIATICA – SEE NEUROPATHY  
 SEIZURES – SEE BRAIN/NEURO  
 SHINGLES – SEE HERPES SIMPLEX  
 86. SKIN  
 87. SINUSITIS  
 88. SLEEP APNEA  
 SORE THROAT – SEE THROAT IN-  
 FLAMMATION  
 SORENESS – SEE MUSCLE PAIN  
 SPASM – SEE MUSLCE/PAIN

SPIDER VEINS – SEE VEINS  
 89. SPINE  
 SPRAINS – SEE MUSCLE  
 STINGS – SEE BITES  
 STOMACH ULCER – SEE  
 DIGESTION/INFLAMMATION/  
 STRESS RELIEF  
 STROKE – SEE BRAIN/NEURO  
 SUNBURN – SEE ACUTE INJURY,  
 BURNS & SKIN  
 SWOLLEN ANLES – SEE EDEMA/  
 SWELLING  
 SYMPATHETIC CALMING – SEE  
 BALANCE & STRESS RELIEF  
 90. TACHYCARDIA  
 91. TEETH  
 TENSION HEACHACE – SEE HEAD  
 ACHE  
 92. THROAT INFLAMMATION SORE  
 93. THYROID HYPER  
 94. THYROID HYPO  
 TINNITUS – SEE EAR  
 TMJ DYSFUNCTION – SEE BRAIN/  
 NEURO & MUSCLE  
 TOOTHACHE – SEE INFECTION &  
 TEETH  
 ULCER – SEE DIGSTION &  
 INFLAMMATION CHRONIC  
 ULCERATICE COLITIS – SEE ACUTE  
 INJURY & DIGESTION  
 95. URINARY TRACT INFECTION (UTI)  
 VARICOSE VEINS – SEE VEINS  
 96. VEINS  
 VERTIGO – SEE DIZZINESS  
 VIRAL INFECTION - SEE INFECTION  
 VOMITTING – SEE DIGETION/  
 NAUSEA  
 WATER RENTENTION – SEE EDEMA  
 97. WARTS  
 98. WOUNDS  
 99. USER

3. 2440 Hz  
 4. 125 Hz  
 Laser over the Area of Involvement (AOI)  
 ☞ CIRCULATION  
 ☞ LYMPH

**74. LYMPH: 300 SECONDS 2-3X/DAY**

1. 13 Hz  
 2. 42 Hz  
 3. 300 Hz  
 4. 1000 Hz  
 Laser over the Area of Involvement (AOI)  
 ☞ CIRCULATION  
 ☞ DETOX

**MACULAR DEGENERATION – SEE BRAIN/NEURO**

**MEMORY PROBLEMS – SEE BRAIN/NEURO**

**MENIERE’S SYNDROME – SEE EAR**

**75. MENOPAUSE: 150 SECONDS EACH AREA 2-3X/DAY**

1. 123 Hz  
 2. 73 Hz  
 3. 59 Hz  
 4. 15 Hz  
 Laser over each area for 150 seconds  
 A. GV20  
 B. Umbilicus  
 ☞ BALANCE  
 ☞ HORMONE –FEMALE BALANCE  
 ☞ STRESS RELIEF

**MENSTRUATION – SEE HORMONE –FEMALE BALANCE**

**MENTAL FATIGUE – SEE BRAINNUERI/STRESS RELIEF**

Laser over each area for 150 seconds

- A. Liver
- B. Lower Abdomen/Descending Colon

- ☞ DETOX
- ☞ DIGESTION
- ☞ GALLBLADDER/LIVER REGULATION

## LARYNGITIS – SEE THROAT INFLAMMATION

### 70. LIGAMANET: 300 SECONDS 2–3X/DAY

- 1. 45 Hz
- 2. 90 Hz
- 3. 125 Hz
- 4. 633 Hz

Laser over the Area of Involvement (AOI)

- ☞ ACUTE INJURY
- ☞ MUSCLE

### 71. LIVER – BALANCE: 300 SECONDS 2–3X/DAY

- 1. 53 Hz
- 2. 66 Hz
- 3. 85 Hz
- 4. 98 Hz

Laser over the Area of Involvement (AOI)

- ☞ DIGESTION

### 72. LOW BACK PAIN: 300 SECONDS 2–3X/DAY

- 1. 9 Hz
- 2. 16 Hz
- 3. 61 Hz
- 4. 125 Hz

Laser over the Area of Involvement (AOI)

- ☞ BRAIN/NEURO
- ☞ ACUTE INJURY OR INFLAMMATION – CHRONIC
- ☞ SPINE

### 73. LUNGS: 300 SECONDS 2–3X/DAY

- 1. 21 Hz
- 2. 250 Hz

### 1. ABDOMINAL PAIN: 900 SECONDS 3X/DAY

- 1) 9 Hz
- 2) 16 Hz
- 3) 33 Hz
- 4) 60 Hz

Laser over the Area of Involvement (AOI)

- ☞ DETOX
- ☞ DIGESTION

### 2. ABRASIONS/CUTS/SCRAPS: 600 SECONDS 3-4X/DAY

- 1) 9 Hz
- 2) 33Hz
- 3) 65 Hz
- 4) 363 Hz

Laser over the Area of Involvement (AOI)

- If open wound - hold laser above AOI, avoiding skin contact
- ☞ SKIN

### 3. ABSCESS/BOILS: 300 SECONDS 2–3X/DAY

- 1) 28 Hz
- 2) 42 Hz
- 3) 2008 Hz
- 4) 643 Hz

Laser over the Area of Involvement (AOI)

- ☞ SKIN

### 4. ACNE 300: SECONDS EACH AREA MIN 3X/DAY – MAX 5X/DAY

- 1. 125 Hz
- 2. 363 Hz
- 3. 727 Hz
- 4. 880 Hz

Laser each area for 300 seconds

- ☞ Stomach
- ☞ Large Intestine

## 5. ACUTE INJURY: 300 SECONDS 4-6X/DAY OR EVERY 2 WAKING HOURS

- 1) 9 Hz
- 2) 125 Hz
- 3) 20 Hz
- 4) 42 Hz

Laser over the Area of Involvement (AOI)

- ☞ PAIN
- ☞ INFLAMMATION

## 6. ADD/ADHD: 300 SECONDS 2X/DAY

1. 33 Hz
2. 60 Hz
3. 216 Hz
4. 180 Hz

Laser Brainstem (from anterior aspect - under chin, pointing up OR from posterior aspect – just under base of occiput (skull))

- ☞ BALANCE
- ☞ BRAIN/NEURO

## 7. ADDICTION: 180 SECONDS EACH AREA 2-3X/DAY

1. 70 Hz
2. 200 Hz
3. 330 Hz
4. 430 Hz

Laser each area for 180 seconds

- |         |             |
|---------|-------------|
| A. EOP  | C. Liver    |
| B. GV20 | D. Pancreas |

- ☞ DETOX
- ☞ BRAIN/NEURO

\*\*There are many components to consider with addiction. As all healing approaches, use of low level laser therapy should be used in conjunction with other treatment options offered by your trained, health care provider.

Laser over the Area of Involvement (AOI)

- ☞ DETOX
- ☞ LYMPH
- ☞ SKIN

## JAUNDICE – SEE LIVER

## JOINTS – SEE MUSCLE INFLAMMATION/ARTHRITIS

## KELOID – SEE SCAR

## 67. KIDNEY: 100 SECONDS EACH AREA 2-3X/DAY

1. 95 Hz
2. 80 Hz
3. 43 Hz
4. 250 Hz

Laser over each area for 100 seconds

- A. Right/Left Kidney
- B. Anterior Pelvis

- ☞ DETOX
- ☞ GALLBLADDER/LIVER REGULATION

## 68. KIDNEY STONES: 300 SECONDS EACH AREA 2-3X/DAY

1. 3 Hz
2. 787 Hz
3. 428 Hz
4. 1552 Hz

Laser over each area for 300 seconds

- A. Right/Left Kidney
- B. Anterior Pelvis on each side

- ☞ DETOX
- ☞ GALLBLADDER/LIVER REGULATION
- ☞ INFLAMMATION – CHRONIC

## 69. LARGE INTESTINE: 150 SECONDS EACH AREA 2-3X/DAY

1. 96 Hz
2. 832 Hz
3. 802 Hz
4. 440 Hz

### 63. INFECTION: 300 SECONDS 2-3X/DAY

1. 643 Hz
2. 943 Hz
3. 1247 Hz
4. 787 Hz

Laser over the Area of Involvement (AOI)

- ☞ DETOX
- ☞ IMMUNE

### INFERTILITY – SEE HORMONE BALANCE

### INFLAMMATORY BOWEL DISEASE – SEE DIGESTION

### INFLAMMATION – ACUTE – SEE ACUTE INJURY

### 64. INFLAMMATION – CHRONIC: 300 SECONDS 2-3X/DAY

1. 9 Hz
2. 42 Hz
3. 90 Hz
4. 125 Hz

Laser over the Area of Involvement (AOI)

- ☞ BRAIN/NEURO
- ☞ LYMPH

### INSECT BITES – SEE BITES

### 65. INSOMNIA: 150 SECONDS EACH AREA 1-2X/DAY

1. 4 Hz
2. 33 Hz
3. 39 Hz
4. 85 Hz

Laser over each area for 150 seconds

- A. GV20
- B. Xiphoid Process

### IRRITABLE BOWEL SYNDROME – SEE DIGESTION

### 66. ITCHING: 240 SECONDS 2-3X/DAY

1. 42 Hz
2. 125 Hz
3. 363 Hz
4. 444 Hz

### 8. ADRENAL: 240 SECONDS EACH AREA 1-2X/DAY

1. 21 Hz
2. 123 Hz
3. 59 Hz
4. 73 Hz

Laser each area for 240 seconds

- A. Adrenal/Kidney Complex - each side
- B. Spine – C3/C4

- ☞ SPINE
- ☞ STRESS RELIEF

### 9. ALLERGIES: 240 SECONDS EACH AREA 2-3X/DAY

1. 125 Hz
2. 58 Hz
3. 160 Hz
4. 530 Hz

Laser each area for 240 seconds

- A. Adrenal/Kidney Complex - each side
- B. Liver
- C. Thymus

- ☞ DETOX
- ☞ LYMPH

### 10. ANXIETY: 600 SECONDS 1-2X/DAY

1. 37 Hz
2. 180 Hz
3. 33 Hz
4. 216 Hz

Laser Brainstem

- C. Liver
- BALANCE

\*\*BREATHING EXERCISE – breathing exercises include an active breath while lasering. The most efficient breathing pattern is a deep inhalation through the nose and exhale twice as long through the mouth. Repeat 3-5 times while lasering. Other forms of calming can be used if desired.

### 11. ARTHRITIS: 300 SECONDS 1-2X/DAY

1. 96 Hz
2. 150 Hz
3. 20 Hz
4. 45 Hz

Laser over the Area of Involvement (AOI)

☞ INFLAMMATION - CHRONIC

### 12. ASTHMA: 300 SECONDS 1-2X/DAY

1. 21 Hz
2. 80 Hz
3. 727 Hz
4. 950 Hz

Laser over Xyphoid Process

☞ ACUTE INJURY

### 13. BALANCE: 300 SECONDS 1-2X/DAY

1. 16 Hz
2. 420 Hz
3. 1228 Hz
4. 3630 Hz

Laser over Xyphoid Process

\*\*BALANCE is designed to bring homeostasis to the entire system – it can be used on a daily basis or in conjunction with other protocols as needed for calming.

### 14. BITES INSECT: 600 SECONDS EVERY 2-3 HOURS FOR FIRST 12 HOURS, 300 SECONDS 3-4X/DAY UNTIL BITE IS HEALED

1. 56 Hz
2. 130 Hz
3. 94 Hz
4. 2 Hz

Laser over the Area of Involvement (AOI)

☞ ITCHING      ☞ SKIN

### 15. BLADDER: 240 SECONDS 1-2X/DAY

1. 81 Hz
2. 24 Hz
3. 465 Hz
4. 727 Hz

Laser over the Area of Involvement (AOI)

### HYPER/HYPO THYROID – SEE THYROID

### HYPER/HYPO GLYCEMIA – SEE PANCREAS

### 60. IMMUNE: 300 SECONDS EACH AREA 2-3X/DAY

1. 73 Hz
2. 125 Hz
3. 260 Hz
4. 925 Hz

Laser over each area for 300 seconds

- A. Brainstem
- B. Thymus

☞ DETOX  
☞ LYMPH

### 61. IMPOTENCE: 100 SECONDS EACH AREA 2-3X/DAY

1. 141 Hz
2. 74 Hz
3. 950 Hz
4. 125 Hz

Laser over each area for 100 seconds

- A. Below the Umbilicus
- B. GV20
- C. Xyphoid Process

☞ BALANCE  
☞ HORMONE – MALE

### 62. INDIGESTION: 100 SECONDS EACH AREA 2-3X/DAY

1. 43 Hz
2. 60 Hz
3. 200 Hz
4. 720 Hz

Laser over each area for 100 seconds

- A. Stomach
- B. Lower Abdomen

☞ GALLBLADDER/LIVER REGULATION



**57. HORMONE FEMALE – BALANCE: 300 SECONDS EACH AREA 2–3X/DAY**

1. 10 Hz
2. 54 Hz
3. 59 Hz
4. 123 Hz

Laser over each area for 300 seconds

- A. Belly Button Region
- B. GV20

- ☞ BALANCE
- ☞ STRESS RELIEF

\*\*BREATHING EXERCISE – breathing exercises include an active breath while laser- ing. The most efficient breathing pattern is a deep inhalation through the nose and exhale twice as long through the mouth. Repeat 3-5 times while laser- ing. Other forms of calming can be used if desired.

**58. HORMONE MALE – BALANCE: 300 SECONDS EACH AREA 2–3X/DAY**

1. 47 Hz
2. 59 Hz
3. 123 Hz
4. 141 Hz

Laser over each area for 300 seconds

- A. Below Umbilicus
- B. GV20

- ☞ BALANCE
- ☞ STRESS RELIEF

**59. HOT FLASHES: 240 SECONDS EACH AREA 2–3X/DAY**

1. 55 Hz
2. 123 Hz
3. 42 Hz
4. 530 Hz

Laser over each area for 240 seconds

- A. GV20
  - B. Xyphoid Process
- ☞ HORMONE BALANCE

**HYPERACTIVITY – SEE ADD**

**HYPER/HYPO TENSION – SEE BLOOD PRESSURE**

**16. BLOATING: 300 SECONDS 2–3X/DAY**

1. 55 Hz
2. 66 Hz
3. 200 Hz
4. 943 Hz

Laser over the Area of Involvement (AOI)

- ☞ DIGESTION

**17. BLOOD PRESSURE HIGH: 600 SECONDS 1–2X/DAY**

1. 95 Hz
2. 165 Hz
3. 33 Hz
4. 60 Hz

Laser over Thoracic Spine T1-T4

- ☞ KIDNEY
- ☞ STRESS RELIEF

**18. BLOOD PRESSURE LOW: 600 SECONDS 1–2X/DAY**

1. 51 Hz
2. 200 Hz
3. 33 Hz
4. 60 Hz

Laser over Thoracic Spine T1-T4

- ☞ BRAIN/NEURO
- ☞ CIRCULATION

**19. BLOOD SUGAR BALANCE: 200 SECONDS EACH AREA 1–2X/DAY**

1. 66 Hz
2. 59 Hz
3. 55 Hz
4. 37 Hz

Laser each area for 200 seconds

- A. Adrenals
- B. Liver
- C. Pancreas

**20. BONE: 600 SECONDS 1-2X/DAY**

1. 20 Hz
2. 45 Hz
3. 65 Hz
4. 562 Hz

Laser over the Area of Involvement (AOI)

☞ ACUTE INJURY – if applicable

**21. BRAIN/NEURO: 300 SECONDS 2-3X/DAY**

1. 33 Hz
2. 63 Hz
3. 96 Hz
4. 600 Hz

Laser over the Area of Involvement (AOI)

\*\*This protocol is best utilized with specific neurological patterns in consideration. Otherwise laser the brain stem posteriorly.

**22. BRONCHITIS: 300 SECONDS 2-3X/DAY**

1. 21 Hz
2. 77 Hz
3. 210 Hz
4. 830 Hz

Laser over the Area of Involvement (AOI) – Lungs each side

☞ LUNGS

**23. BRUISES: 300 SECONDS 1-2X/DAY**

1. 12 Hz
2. 50 Hz
3. 125 Hz
4. 363 Hz

Laser over the Area of Involvement (AOI)

☞ ACUTE INJURY

☞ SKIN

**24. BUNIONS: 300 SECONDS 1-2X/DAY**

1. 45 Hz
2. 65 Hz
3. 562 Hz
4. 125 Hz

**53. HEARTBURN/G.E.R.D.: 240 SECONDS 2-3X/DAY**

1. 43 Hz
2. 832 Hz
3. 2720 Hz
4. 95 Hz

Laser over the Area of Involvement (AOI)

☞ GALLBLADDER/LIVER

☞ LYPMH

**54. HEMORRHOIDS: 360 SECONDS 1-2X/DAY**

1. 447 Hz
2. 802 Hz
3. 40 Hz
4. 774 Hz

Laser over the Area of Involvement (AOI)

☞ DETOX

☞ LARGE INTESTINE

☞ SPINE

**55. HERPES ZOSTER/VARICELLA: 300 SECONDS 2-3X/DAY**

1. 813 Hz
2. 521 Hz
3. 5000 Hz
4. 26 Hz

Laser over the Area of Involvement (AOI)

☞ BRAIN/NEURO

☞ DETOX

**56. HIVES: 120 SECONDS 2-3X/DAY**

1. 643 Hz
2. 943 Hz
3. 880 Hz
4. 363 Hz

Laser over the Area of Involvement (AOI)

☞ SPINE

☞ SKIN

## GLUOMERULONEPHRITIS – SEE KIDNEY

### 50. GOITER – THYROID HYPO: 240 SECONDS 2–3X/DAY

1. 59 Hz
2. 123 Hz
3. 5311 Hz
4. 651 Hz

Laser over the Area of Involvement (AOI)

- ☞ DETOX
- ☞ LYMPH

## GOUT – SEE ARTHRITIS

## GUMS – SEE GINGIVITIS

### 51. HEADACHE: 300 SECONDS 2–3X/DAY

1. 9 Hz
2. 125 Hz
3. 60 Hz
4. 4 Hz

Laser over the Area of Involvement (AOI) – avoid eye contact

- ☞ BALANCE
- ☞ CIRCULATION
- ☞ DETOX

\*\*Consideration of cause of the headache is very important to consider. Be sure to laser spine, digestion or correlate other protocols that may facilitate a relief of the symptoms.

### 52. HEART: 300 SECONDS EACH AREA 2–3X/DAY

1. 33 Hz
2. 60 Hz
3. 95 Hz
4. 100 Hz

Laser over each area for 300 seconds

- A. Brainstem
- B. GV20
- C. Xiphoid Process

- ☞ BALANCE
- ☞ BRAIN/NEURO

Laser over the Area of Involvement (AOI)

- ☞ LIVER - BALANCE
- ☞ SPINE

### 25. BURNS: 600 SECONDS EVERY 2–3 HOURS FOR FIRST 48 HOURS, 300 SECONDS 3–4X/DAY UNTIL BURN IS HEALED

1. 12 Hz
2. 28 Hz
3. 33 Hz
4. 363 Hz

Laser over the Area of Involvement (AOI)

- ☞ ACUTE INJURY

### 26. BURSITIS: 300 SECONDS 3–4X/DAY

1. 65 Hz
2. 125 Hz
3. 9 Hz
4. 465 Hz

Laser over the Area of Involvement (AOI)

- ☞ INFLAMMATION - CHRONIC

## CANDIDA – SEE FUNGUS

### 27. CANKER SORES: 240 SECONDS 2–3X/DAY

1. 500 Hz
2. 520 Hz
3. 5000 Hz
4. 670 Hz

Laser over the Area of Involvement (AOI)

- ☞ DIGESTION
- ☞ STRESS RELIEF

### 28. CARPAL TUNNEL SYNDROME: 300 SECONDS 2–3X/DAY

1. 25 Hz
2. 16 Hz
3. 279 Hz
4. 363 Hz

Laser over the Area of Involvement (AOI) – be sure to include spine

- ☞ BRAIN/NEURO
- ☞ INFLAMMATION - CHRONIC

### 29. CARTILAGE: 300 SECONDS 2–3X/DAY

1. 96 Hz
2. 125 Hz
3. 363 Hz
4. 633 Hz

Laser over the Area of Involvement (AOI)

☞ MUSCLE – if applicable

### 30. CATARACTS: 300 SECONDS 2–3X/DAY

1. 81 Hz
2. 25 Hz
3. 125 Hz
4. 279 Hz

Laser over the Lateral Aspect of the eye – DO NOT LASER OVER THE EYE.

For safety keep eye closed while using the device.

### 31. CHRONIC FATIGUE: 120 SECONDS EACH AREA 2–3X/DAY

1. 21 Hz
2. 410 Hz
3. 12 Hz
4. 66 Hz

Laser each area for 120 seconds

- A. Kidney/Adrenal
- B. Thymus

☞ SPINE

### CHRON'S DISEASE – SEE DIGESTION/LARGE INTESTINE

### 32. CIRCULATION STIMULATION: 100 SECONDS EACH AREA 1–2X/DAY

1. 633 Hz
2. 100 Hz
3. 125 Hz
4. 730 Hz

Laser each area for 100 seconds

- A. T1/T2 Spinal Segment
- B. Right Kidney
- C. Left Kidney

☞ BALANCE

### 45. FUNGUS: 180 SECONDS 2–3X/DAY

1. 53 Hz
2. 113 Hz
3. 2540 Hz
4. 5550 Hz

Laser over the Area of Involvement (AOI) – avoid contact with skin

☞ DETOX

☞ LYMPH

### 46. GALLBLADDER/LIVER REGULATION: 300 SECONDS 2–3X/DAY

1. 13 Hz
2. 55 Hz
3. 66 Hz
4. 458 Hz

Laser over the Area of Involvement (AOI)

### 47. GALLBLADDER STONES: 300 SECONDS 2–3X/DAY

1. 4 Hz
2. 1552 Hz
3. 55 Hz
4. 444 Hz

Laser over the Area of Involvement (AOI)

### 48. GINGIVITIS/GUMS: 240 SECONDS 2–3X/DAY

1. 643 Hz
2. 28 Hz
3. 727 Hz
4. 880 Hz

Laser over the Area of Involvement (AOI)

### 49. GLAUCOMA: 300 SECONDS 2–3X/DAY

1. 81 Hz
2. 96 Hz
3. 125 Hz
4. 166 Hz

Laser over the Lateral Aspect of the eye – DO NOT LASER OVER THE EYE. Keep eye closed while using the device. One may also laser the Occipital Region (back of the head)

**42. EAR ACHE/INFLAMMATION: 300 SECONDS 2-3X/DAY**

1. 5 Hz
2. 84 Hz
3. 42 Hz
4. 300 Hz

Laser over the Area of Involvement (AOI)

- ☞ IMMUNE
- ☞ PAIN (as needed)

**ECZEMA – SEE ITCHING/SKIN**

**43. EDEMA/SWELLING: 300 SECONDS 2-3X/DAY**

1. 9 Hz
2. 42 Hz
3. 92 Hz
4. 100 Hz

Laser over the Area of Involvement (AOI)

- ☞ ACUTE INJURY
- ☞ LYMPH

**44. EMOTIONAL STRESS: 300 SECONDS 2-3X/DAY**

1. 15 Hz
2. 33 Hz
3. 42 Hz
4. 59 Hz

Laser over Xyphoid Process

- ☞ BALANCE

**EMPHYSEMA – SEE LUNGS/DETOX/INFLAMMATION**

**FIBROMYALGIA – SEE CHRONIC FATIGUE**

**FLU – SEE COLD & FLU**

**FOOD INTOLERANCE – SEE ALLERGIES/DIGESTION**

**FRACTURE – SEE BONE/INFLAMMATION**

**CIRRHOSIS – SEE LIVER**

**33. COLD SORES HERPES SIMPLEX 1: 300 SECONDS 2-3X/DAY**

1. 125Hz
2. 520 Hz
3. 4800 Hz
4. 5000 Hz

Laser over the Area of Involvement (AOI)

- ☞ BRAIN/NEURO

**34. COLD & FLU: 100 SECONDS EACH AREA 2-3X/DAY**

1. 83 Hz
2. 643 Hz
3. 500 Hz
4. 943 Hz

Laser each area for 100 seconds

- A. Lungs
- B. Sinuses
- C. Thymus

- ☞ IMMUNE

**COLITIS – SEE DIGESTION/INFLAMMATION/LARGE INTESTINE**

**CONCUSSION – SEE ACUTE INJURY/INFLAMMATION/BRAIN**

**35. CONGESTION: 100 SECONDS EACH AREA 2-3X/DAY**

1. 21 Hz
2. 125 Hz
3. 880 Hz
4. 3330 Hz

Laser each area for 100 seconds

- A. Lungs
- B. Sinuses
- C. Thymus

- ☞ SINUS

**36. CONSTIPATION: 300 SECONDS 2-3X/DAY**

1. 29 Hz
2. 43 Hz
3. 94 Hz
4. 200 Hz

Laser over Lower Abdomen/Descending Colon

- ☞ DETOX
- ☞ DIGESTION

**CRAMPS – SEE MUSCLE PAIN/STRESS RELIEF**

**CUTS – SEE ABRASIONS/SKIN**

**CUSHING’S SYNDROME – SEE ADRENAL/STRESS RELIEF**

**37. CYTOMEGALOVIRUS HERPES SIMPLEX V: 300 SECONDS 2-3X/DAY**

1. 597 Hz
2. 629 Hz
3. 682 Hz
4. 1045 Hz

Laser over Xyphoid Process

- ☞ DETOX

**38. DEPRESSION: 120 SECONDS EACH AREA 2-3X/DAY**

1. 33 Hz
2. 37 Hz
3. 180 Hz
4. 150 Hz

Laser over each area for 120 seconds

- A. EOP
- B. GV20
- C. Thymus
- ☞ BALANCE
- ☞ BRAIN/NEURO

**DERMATITIS – SEE ITCHING/SKIN**

**39. DETOX: 300 SECONDS EACH AREA 2-3X/DAY**

1. 42 Hz
2. 300 Hz
3. 560 Hz
4. 690 Hz

Laser over each area for 300 seconds

- A. Liver
- B. Lymph
- ☞ DIGESTION
- ☞ LARGE INTESTINE

**DIABETIC NEUROPATHY – SEE NEUROPATHY**

**40. DIGESTION: 300 SECONDS EACH AREA 2-3X/DAY**

1. 43 Hz
2. 53 Hz
3. 94 Hz
4. 115 Hz

Laser over each area for 300 seconds

- A. Large Intestine
- B. Liver

**41. DIZZINESS/VERTIGO: 300 SECONDS EACH AREA 2-3X/DAY**

1. 33 Hz
2. 58 Hz
3. 16 Hz
4. 60 Hz

Laser over each area for 300 seconds

- A. GV20
- B. Spine – T1/T2
- ☞ BALANCE
- ☞ BRAIN/NEURO

**DYSLEXIA – SEE BALANCE/BRAIN**